BRINGING CHILDREN'S RIGHTS TO LIFE IN NHS SCOTLAND

NHS Education for Scotland

1 WHAT WE DID

NHS Education for Scotland (NES) led a project across Scotland to help make sure children's rights are followed in health care, now that rights are part of the law. People working in the NHS worked together to learn what this means and how to use children's rights in their everyday work. We provided learning and guidance to help them understand how to put children's rights into practice. This is helping everyone working in health care to think more about children's rights as part of everyday care.

2 WHAT DIFFERENCE DOES THIS MAKE?



This work helped people across Scotland work together and take the same approach to children's rights in health care.

It helped the NHS understand their responsibilities and how to include children's rights in their learning, plans and services.

It also means babies, children and young people are thought about in all parts of health care - even in services looking after adults, so children's rights are always there.

3 HOW THIS HELPS CHILDREN'S RIGHTS



This work helps make sure children's rights are followed across health care by:

- Putting children's best interests first in decisions
- Listening to children and taking their views seriously
- Making sure children can get the best possible health care
- Treating all children fairly and making sure everyone can access support

4 GIRFEC

This work helps make sure children and young people are:

Safe: those working in the NHS understand children's rights and how to keep children safe

Healthy: children can access good health care when they need it.

Respected: children are listened to and their views are taken seriously.

Included: children are thought about in all services and not left out.

5 THE PROMISE



This work supports The Promise by helping health services care for babies, children and young people in kind, understanding ways. It helps make sure children and families are listened to and treated with respect. By using children's rights in everyday care, it helps make sure children get the support they need at the right time.

6 WHY IT MATTERS



Making children's rights part of health care across the whole country takes teamwork. By helping people learn together and work together, we are helping make sure children's rights are thought about in everyday care. This also helps children be listened to, supported, and treated fairly wherever they are.

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